



CATEGORY GUIDELINES

Section I

ACT-SO Program Overview

ACT-SO Mission

ACT-SO is a major youth initiative of the National Association for the Advancement of Colored People (NAACP). Founded in 1978, by renowned author and journalist, Vernon Jarrett, ACT-SO provides a forum through which youth of African descent demonstrate academic, artistic, and scientific prowess and expertise, thereby gaining the same recognition often only reserved for entertainers and athletes.

ACT-SO is rooted in the firm conviction that African-Americans can succeed and compete at the same or superior levels as their counterparts in classrooms, boardrooms, and laboratories across this nation and abroad. The mission of ACT-SO is to prepare, recognize, and reward youth of African descent who exemplify scholastic and artistic excellence. ACT-SO goals are:

- To mobilize the adult community for the promotion of academic and artistic excellence among students of African descent.
- To recognize academic and artistic achievement among students of African descent.
- To provide and assist students with the necessary skills to establish goals and acquire the confidence and training to make a successful contribution to society.

ACT-SO Fact Sheet

WHAT IS ACT-SO?

ACT-SO is a yearlong youth achievement enrichment program designed to recruit, stimulate, improve and encourage high academic and cultural achievement among high school students of African descent. The ACT-SO program centers on the dedication and commitment of community volunteers and business leaders to serve as mentors and coaches to promote academic and artistic excellence. There are 27 categories of competition in the sciences, humanities, performing arts, visual arts and business.

WHO SPONSORS ACT-SO?

ACT-SO is sponsored by the National Association for the Advancement of Colored People (NAACP), which is the nation's oldest and largest civil rights organization. ACT-SO receives support from schools, community organizations, churches, foundations, private corporations, and individuals.

WHO FOUNDED ACT-SO?

Vernon Jarrett, a renowned author and journalist, initiated the idea of a program that would promote and reward academic achievers the same way sports heroes are honored. The first national ACT-SO competition was held in 1978 in Portland, Oregon.

WHO IS ELIGIBLE TO PARTICIPATE?

High school students of African descent, who are citizens of the United States, enrolled in grades 9-12 and are amateurs in the categories of competition are able to participate.

WHAT ARE THE BENEFITS OF PARTICIPATING IN ACT-SO?

The ACT-SO program is intended to be a learning experience, first and foremost. The focus of a viable and effective local ACT-SO program is on enrichment and mentorship. Students work with ACT-SO mentors who help them develop projects throughout the year. Local ACT-SO programs also provide ACT-SO students with enrichment opportunities, such as workshops, tutorials, and field trips.

The benefits ACT-SO students receive from the enrichment and mentorship components include substantial assistance toward the development of their ACT-SO projects and valuable tools to assist them throughout their education.

Each ACT-SO program conducts a local competition. The local competition serves to showcase the hard work students have put in all year long. Students receive medals and prizes provided by the local and regional sponsors and contributors. ACT-SO Students who receive gold medals on the local level then compete at the National Competition where they receive scholarships and other rewards provided by national sponsors.

Section II:

ACT-SO Category Descriptions

List of Categories

Business

- Entrepreneurship
- Culinary Arts

Humanities

- Music Composition
- Playwriting
- Poetry
- Short Story

Performing Arts

- Dance
- Dramatics
- Music: Instrumental (Classical)
- Music: Instrumental (Contemporary)
- Music: Vocal (Classical)
- Music: Vocal (Contemporary)
- Oratory

Sciences

- Biology/Microbiology
- Chemistry/Biochemistry
- Computer Science
- Earth and Space Sciences
- Engineering
- Mathematics
- Medicine and Health
- Physics

Visual Arts

- Architecture
- Drawing
- Filmmaking
- Painting
- Photography
- Sculpture

The Sciences

BIOLOGY/MICROBIOLOGY

The science of life or of the origin, structure, reproduction, growth and development of living organisms collectively.

Projects in this category could involve the biology of organisms from the macroscopic scale to the microscopic scale (e.g., bacteria, viruses, protozoa, fungi, yeast, genes, etc.)

CHEMISTRY/BIOCHEMISTRY

The science that deals with the composition, structure and properties of chemical processes and phenomena of substances and the transformation that they undergo.

Projects in this category could involve physical chemistry, organic chemistry, inorganic chemistry, materials, plastics, fuels, pesticides, metallurgy, soil chemistry, etc. This category also includes the chemistry of life processes such as molecular biology, molecular genetics, enzymes, photosynthesis, blood chemistry, protein chemistry, food chemistry, hormones, etc.

COMPUTER SCIENCE

The science that deals with the theoretical aspects of computers including storage and the transformation of data using computers.

This category pertains to the study and development of computer hardware, software engineering, Internet networking and communications, graphics (including human interface), simulations/virtual reality or computational science (including data structures, encryption, coding and information theory).

EARTH AND SPACE SCIENCES

The body of sciences that include geology, mineralogy, physiographic, oceanography, meteorology, climatology, astronomy, speleology, seismology, geography, etc.

Projects in this category could also be concerned with environmental science such as the study of pollution (air, water, and land) sources and their control as well as ecology.

ENGINEERING

Technology. Projects that directly apply scientific principles to manufacturing and practical uses.

Projects in this category could involve civil, mechanical, aeronautical, chemical, electrical, photographic, sound, automotive, marine, heating, refrigerating, transportation, and environmental engineering; electronics; etc.

MATHEMATICS

The science of numbers and their operations, interrelations, combinations, generalizations, and abstractions of spaced configurations and their structure. Development of formal logical systems or various numerical and algebraic computations and the application of these principles.

Projects in this category could involve calculus, geometry, number theory, statistics, complex analysis, probability, etc.

MEDICINE AND HEALTH

The study of diseases and health of humans and animals.

Projects in this category could involve dentistry, pharmacology, pathology, ophthalmology, nutrition, sanitation, dermatology, allergies, speech and hearing, etc.

PHYSICS

Theories, principles and laws governing energy and the effect of energy on matter.

Projects in this category could involve solid state physics, optics, acoustics, particle physics, nuclear physics, atomic energy, superconductivity, fluid and gas dynamics, thermodynamics, semiconductors, magnetism, quantum mechanics, biophysics, etc.

Sciences

BIOLOGY/MICROBIOLOGY, CHEMISTRY/BIOCHEMISTRY, COMPUTER SCIENCE, EARTH AND SPACE SCIENCES, ENGINEERING, MATHEMATICS, MEDICINE AND HEALTH AND PHYSICS

1. Only one (1) project can be entered per area.
2. Six (6) copies of a typed 8-½ inch by 11 inch, double-spaced scientific paper must accompany the project to be submitted. The content of the paper, which should not exceed five (5) pages, should include: a short introduction describing the background and purpose of the work, an experimental section including both methods and results, and a concluding section discussing the results and their implications. Tables, graphs, charts, maps, photographs, raw statistical data, etc. should be included whenever possible. They must also include references used and acknowledgements of any individuals who served as direct academic resources. The student's name, page number and unit name and number must be on the top of each page. Six (6) copies of the supporting documents, as well as the six copies of the paper must be submitted on or before the specified deadline.

NOTE: The deadline for submission of National registration documents is the first Friday in May. No materials or copies will be accepted at the National Competition.

3. The contestant is to make an oral presentation (minimum 5 minutes) This time limit does not include the time required for judges questions and contestant to responses.
4. Contestants are responsible for providing their own equipment.
5. The NAACP ACT-SO Program will provide electrical power and display tables.
6. Contestants must submit a Science Verification Form from a qualified scientist or science teacher with an earned professional degree or license. This person can also serve as a coach, working closely with the student during the course of the project to ensure the accuracy of the student's research and qualifications for entry. Scientific Projects will be judged by the following criteria:
 - Quality of Research
 - Scientific Approach/Method (20)
 - Validity of Information (10)
 - Validity of Conclusion(s) (10)
 - Depth of Understanding Oral Presentation
 - Knowledge Gained and Creativity (20)
 - Thoroughness & Individual Work (20)
 - Written Report (10 pts)
 - Visual Presentation (10 pts)

ACT-SO Science Safety Procedures

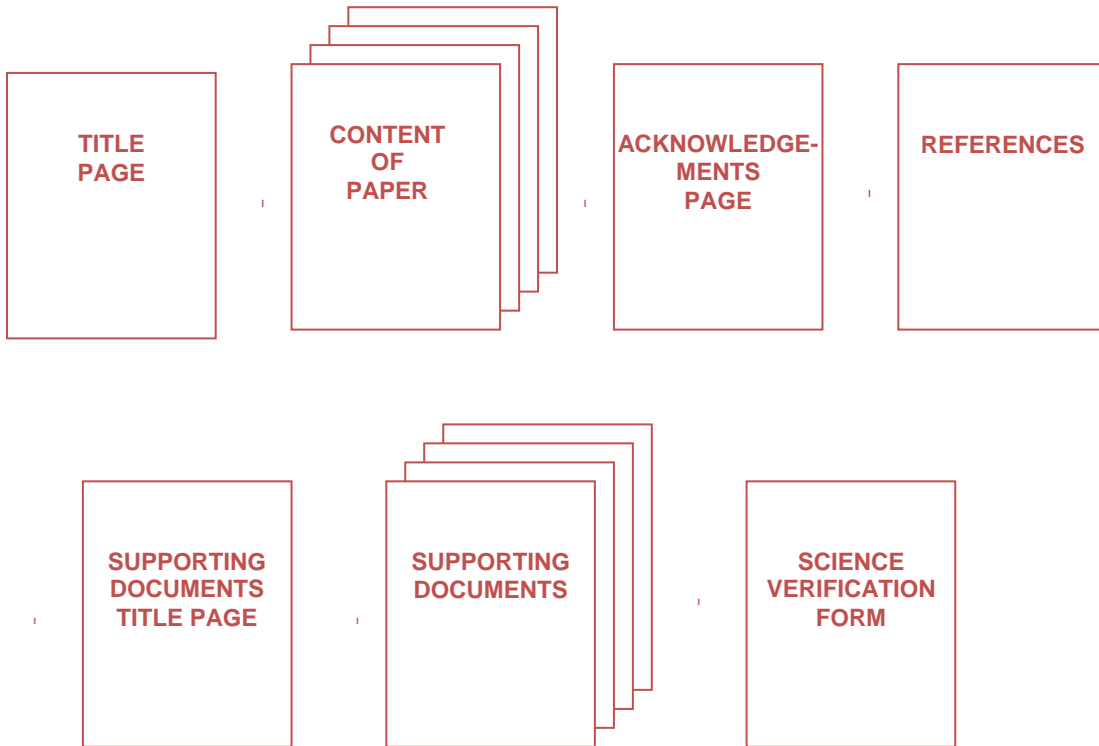
In order to ensure a safe environment for our contestants, we request that you carefully review the NAACP ACT-SO Safety Procedures listed below. The NAACP ACT-SO Program prohibits the use of the following materials for display:

- Living organisms (ex: plants, animals, and microbes)
- Dried plant materials
- Taxidermy specimens or parts
- Human or animal foods
- Human/animal parts or bodily fluids (e.g. blood, urine. Note: dried animal bones, histological dry mount sections, wet mount tissue slides, teeth, hair, and nails are acceptable)
- Soil or waste samples
- Preserved vertebrate or invertebrate animals (inclusive of embryos)
- Laboratory chemicals, including water
- Dry ice or other sublimating solids (i.e. solids which vaporize to a gas without passing through a liquid phase)
- Poisons, drugs, controlled substance, hazardous substances or devices (i.e. firearms, ammunition, or reloading devices)
- Sharp items (syringes, needles, or pipettes)
- Flames or highly flammable display materials which vaporize to a gas without passing through a liquid phase
- Batteries with open top cells

Contestants are advised to use photographs and other visuals for presentation. Due to the potential for serious harm to the contestants and others, any project that displays any of the above items at the National ACT-SO Competition will be disqualified.

Science Papers – Proper Formatting

Science papers should be presented in the following format:



Guide for Planning, Executing, and Presenting ACT-SO Science Projects

Are You Thinking About Entering the ACT-SO Science Competition?

ACT-SO national science judges were very impressed with the students who competed in the science categories and with the projects they presented. As a result, the science judges would like to see even more students compete in the science categories. The information provided here is meant to assist students in planning, executing, and presenting projects in the science category at future ACT-SO competitions.

Throughout this text, you will find **tips**, which appear in **red bold text**. You should take these tips to heart. They are not suggestions. They are, in fact, instructions for making your project stand out as a really good project. *Follow these tips and you will not go wrong.*

Tip # 1: Start Early!

By starting your project early, you will have time to really examine your topic and know your information backward and forward. By starting early, you will have time to decide whether or not your topic is too broad or too narrow and adjust your topic accordingly. By starting early, you will have time to recover from mistakes, adjust your procedure, if necessary, or get additional equipment, if needed. So start early. Do a little each day. Remember, “It’s hard by the yard. It’s a cinch by the inch.” If you start early, time is on your side.

Tip #2: Science Judges Want to See Experiments—Not Demonstrations.

A demonstration does not an experiment make. OK, this sounds like Shakespeare but there is a lot of truth in this statement. What’s the difference between a demonstration and a science experiment? A **demonstration** shows how something works or how it is used. An **experiment** is a process undertaken to discover something not yet known or a process designed to find out if something is effective.

A project entitled “How an Electromagnet Works” is a demonstration. How an electromagnet works is common knowledge. A project like this would be a repeat of work which has already been done and appears in many middle and high school science books.

On the other hand, a project entitled “The Effect of Different Metals on the Amount of Magnetic Force Produced by an Electromagnet” is an experiment. In this experiment, you are actually testing different metals to see what effect they have on the strength of an electromagnet.

Here’s another example. A project entitled “How Does Insulation Work?” is a demonstration. There have been many books written which will tell you exactly how insulation works. A project like this would not bring out any new knowledge. But a project entitled “Which Type of Clothing Material Is the Best Insulator?” is an experiment. In this experiment, you are testing the insulating quality of different materials. You are testing or investigating the insulating properties of different materials.

If you are interested in performing an experiment which deals with insulation, then knowing how insulation works is very important. But it is important because it will serve as background information about how insulation works. From that background information you will be able to generate ideas about what aspects of insulation you would like to test.

Demonstrations do not meet the criteria of a science experiment and will receive low marks at the ACT-SO competition. Before you start your science project, talk to your science and math teacher to ensure that what you are doing is an experiment, not a demonstration.

Tip #3: Choose a topic that interests and challenges you.

Do not be afraid to try something new. You can learn about it along the way. Remember that complicated-looking projects do not guarantee a win. Simple topics can actually turn into great projects. At most science fairs, students with simple projects who "know their stuff" will win over students with complicated projects who do not really know their topic and/or who are not good presenters.

Notice I said “simple”, not “easy.” Easy topics such as "Which soda tastes best?" will not impress the judges unless you know the ingredients and chemical makeup of each soda tested and can point to which of those ingredients is responsible for people preferring one soda taste over another.

Tip #4: Use the scientific names associated with your materials.

Let’s pretend that our topic will be “The Effect of Water on the Growth of *Tagetes Erecta*.” What the heck are *tagetes erecta*? They are African marigolds.

Science judges like to see that you know the scientific names associated with all of the materials you will use in your experiment. So, although it may sound a little pretentious, use the scientific name and only the scientific name in your research report and on your presentation backboard. Now I realize that *tagetes erecta* may be a little hard to say over and over during your presentation. So to get around this, at the beginning of your presentation, you can say, “The title of my experiment is ‘The Effect of Water on the Growth of *Tagetes Erecta*’ otherwise known as African marigolds.” Then you can drop the scientific name after that and just talk about marigolds.

Tip #5: Know your material!

You should know more information than what you put on the presentation board and in your research report. Here’s an example. If your topic is “The Effect of Water on the Growth of *Tagetes Erecta*,” you should be absolutely clear about how photosynthesis works. You won’t necessarily explain how photosynthesis works on your presentation board, but I can guarantee you that at least one judge will ask you about photosynthesis. If you mention carbohydrates and chlorophyll in the research report (and you should) or on your presentation board, you should know what a carbohydrate is and how it is formed. You should also become very knowledgeable about chlorophyll. You should know if *tagetes erecta* are annuals or perennials. You should know how tall the *tagetes erecta* will grow (12 to 14 inches) and how long it takes to get to that height (approximately 70 days from the time the seed is planted in soil).

By taking these steps you will not only know something about your topic, you may find what techniques and equipment are best for investigating your topic. You will also have a better understanding of why the results of your experiment turned out the way they did. You will be able to answer the judges’ questions. Finally, you will have enough knowledge to make a prediction of what will occur in your experiment.

Tip #6: Follow the scientific method.

The scientific method is a procedure scientists use to answer questions and explore observations. Scientists use an experiment to search for cause and effect relationships in nature. That means scientists design experiments so that changes to one item cause something else to change in a predictable, observable, and quantifiable way. These changing quantities are called variables. Variables are a key element of the scientific method.

Components of the Scientific Method

Let's talk about the components of the scientific method. The components of the scientific method include:

1. purpose,
2. hypothesis,
3. materials,
4. procedure,
5. data,
6. results and analysis, and
7. conclusions.

Purpose

The Purpose section should appear in both your research report and on your science presentation backboard. The Purpose section should take up at least 2 pages in your research report. For your science project presentation, you should condense the information from your Purpose section into two paragraphs.

Use the library and the Internet to get background information on the subject you have chosen. Science judges like to see that you understand the theory behind your experiment. So go to the library and look up information so you have a good understanding of what is already known about the subject of your science project. Look for important concepts and equations that explain how and why your experimental results turn out the way they do. Find equations that help you predict the outcome of your experiment. Learn as much as you can about any math, physics or chemistry facts and concepts which are important to your fully understanding your project. Also, periodically discuss with your science teachers any questions you have or problems you have encountered with your science project in order to get their feedback.

The Purpose section should include information on why your topic is important (e.g., Is it important to the environment? How so? Why does the topic pique your curiosity? Why are you curious?).

The Purpose section should also discuss what you are going to do and how what you are going to do relates to the importance of your topic and/or helps satisfy your curiosity.

Within the Purpose section you must identify your independent, dependent, and control variables. There is no need to go into a lot of detailed explanation. Simply identify and list your independent, dependent, and control variables.

Notice, I just brought up a new subject the subject of *variables*. Unless you have a really unique experiment, virtually all experiments have three types of variables. They are:

1. an independent variable
2. a dependent variable
3. a control variable

The independent variable is the thing you are changing or manipulating. In this case, it would be the amount of water. When you are conducting your experiment, you need to make sure the only thing you change is the independent variable. In so doing, you are only measuring the impact of that single change. The dependent variable is the thing you are trying to measure. In this case, it's the height of the *tagetes erecta*. The control variable is what you do not change. In this example, you are keeping the amount of sunlight the same for all the *tagetes erecta*. So, the control variable is, that's right—the control variable is sunlight. You can have more than one control variable. For instance, if you were going to ensure that all the plants were exposed to the same amount of sunlight, fresh air, and plant food, then your control variables would be sunlight, fresh air, and plant food.

Hypothesis

A hypothesis **MUST** be included in your research report and on your science project presentation board. A hypothesis is a fancy term for making a prediction. It's an educated guess concerning the outcome of your experiment. You must state your hypothesis in a way that you can readily measure. But you're not done yet. You have to say why you think your hypothesis is correct.

1. Use the If, then format
2. Say why you believe your prediction will be correct.

Here's an example:

“If I give *tagetes erecta* half the recommended amount of water, then they will grow to half the height of the *tagetes erecta* which received the fully recommended amount of water. I believe the *tagetes erecta* which receive half the recommended amount of water will grow to half the height of the *tagetes erecta* which receive the fully recommended amount of water, because all plants which have chlorophyll use the energy in sunlight to convert carbon dioxide from the air and water from the soil to produce carbohydrates. Carbohydrates (along with fats and proteins) are the substances necessary for plant growth. So, by giving some plants half the water they need, they will only be able to produce half the food they need and will therefore grow to half the height of the plants which received the fully recommended amount of water.”

Notice what the text in quotes did. First, it tells everyone what you think will happen. Second, you told everyone how much you think the plants will grow. By saying how much, you have expressed your hypothesis in a measurable (quantifiable) way. Third, the text tells everyone why you think the experiment will give the results you predict. Finally, the text tells everyone that you have based your prediction on knowledge you gained when you were researching information on this subject. This research information is what you used to develop your Purpose section.

3. Materials

This is where you list the supplies and equipment you needed to conduct your experiment.

A section titled “Materials” must appear on your project presentation board and in your research report. Just listing the supplies and equipment is all that is really necessary. What do you list? Everything!!!

If we use the example of measuring the growth of *tagetes erecta*, your materials list might look like this:

Materials List

QUANTITY	DESCRIPTION
40	1-liter plastic potting plants (<i>Later we will discuss why the number “40” is important.</i>)
40	<i>tagetes erectum</i> seeds
2	8-liter bags of potting mix (<i>This is the soil in which you will plant your seeds.</i>)
	tap water
1	graduated beaker which holds at least 300 ml of water
1	cm ruler
1	No. 2 pencil
20	sheets of notebook paper (<i>to record the results</i>)
	10' x 12' room with windows so that the <i>tagetes erecta</i> will be exposed to sunlight
	table or other hard surface
	software (Microsoft Excel) which will (1) calculate statistics such as the median height and average deviation and (2) draw graphs, tables, and charts

Notice how we were very specific about the materials. We didn't just say, “pots for plants.” We said what type of pots. We also said how big the pots were (e.g., the volume of the pots). In this case, the pot's capacity was 1-liter. You want to be sure to use the same material each time you conduct the experiment. In this example, you do not want to put one *tagetes erectum* seed in a 2-liter clay pot and another *tagetes erectum* seed in a 1-liter plastic pot. You don't want to measure the height of some *tagetes erecta* in centimeters (cm) and other *tagetes erecta* in inches. You want to conduct your experiment the same way every time. Also, you want to use the same material because using different material could cause the results to be different (Scientists call this “introducing other variables”). In other words, you want to see how water affects plant growth. If you use the same material you won't have to worry about whether the results you get are different because you used clay pots for some *tagetes erecta* and plastic pots for other *tagetes erecta*. By using the same materials, you can say that your results are only due to the fact you changed the amount of water you gave the plants. Recall, in this case, water is your independent variable.

Tip #7: Take all measurements in the metric system.

All measurements must be taken in the metric system grams (or kilograms), centimeters (or meters), milliliters (liters), and seconds. Science fair judges do not like to see inches, ounces, or gallons used in any experiment. If you have a science project in the earth and space sciences

where the measurements taken are typically larger than grams, centimeters, and milliliters, your measurement units will most likely be kilograms, meters, liters, and seconds.

4. Procedure

Now that you have come up with a hypothesis, you need to develop a procedure for testing whether it is true or false. The procedure *must* appear in your research report and on your presentation board. The procedure involves changing your independent variable and measuring the impact this change has on the dependent variable. All the controlled variables must remain constant.

Scientists run experiments more than once to verify that results are consistent. In other words, you must verify that you obtain essentially the same results every time you repeat the experiment with the same value for your independent variable. This insures that the answer to your question is not just an accident. Each time that you perform your experiment is called a *run* or a *trial*.

Every good experiment also compares different groups of trials with each other. Such a comparison helps insure that the changes you see when you change the independent variable are in fact caused by the independent variable. *There are two types of trial groups: experimental groups and control groups.*

Experimental Groups

The experimental group consists of the trials where you change the independent variable. For example, if your question asks if giving *tagetes erecta* half the recommended amount of water will affect their growth, then the experimental group consists of all trials in which the plants receive half the recommended amount of water.

Control Groups

In many experiments it is important to perform a trial with the independent variable at a special setting for comparison with the other trials. This trial is referred to as a control group. The control group consists of all those trials where you leave the independent variable in its natural state. In our example, it would be important to run trials in which the plants get the recommended amount of water. These trials with the plants receiving the fully recommended amount of water provide a basis for comparison, and would insure that any changes you observed when you gave the experimental group half the recommended amount of water are, in fact, caused by the different amounts of water and not due to something else.

However, not every experiment is like our plant example. In another kind of experiment, many groups of trials are performed at different values of the independent variable. For example, if

your question asks whether an electric motor turns faster if you increase the voltage, you might do an experimental group of 15 trials at 1.5 volts, another group of 15 trials at 2.0 volts, 15 trials at 2.5 volts, and so on. In such an experiment you are comparing the experimental groups to each other, rather than comparing them to a single control group. You must evaluate whether your experiment is more like the plant example, which requires a special control group, or more like the motor example that does not.

Control Variables

Remember, whether or not your experiment has a control group, every experiment has a number of control variables. Control variables are those variables which we don't want to change while we conduct our experiment, and they must be the same in every trial and every group of trials. In our plant example, we would want to make sure the room temperature, the amount of light, and the amount of plant food available to all plants were the same for every trial. Even though an experiment measuring the effect of voltage on the motor's speed of rotation may not have a control group, it still has control variables: the same brand and type of motor is used for every trial and the load on the motor is kept the same.

A little advance preparation can ensure that your experiment will run smoothly and that you will minimize (or eliminate) unexpected surprises at the last minute. You will need to prepare a detailed procedure for your experiment so you can ensure consistency from beginning to end. Think about it as writing a recipe for your experiment. A clear procedure also makes it much easier for someone else to test your experiment, if they are interested in verifying how you got your results.

Key Elements of Procedure for an Experiment

The key elements of the procedure for an experiment are as follows:

- The procedure must tell how you will change your one and only independent variable and how you will measure that change.
- The procedure must explain how you will measure the resulting change in the dependent variable or variables.
- If applicable, the procedure should explain how the control variables will be maintained as a constant value.
- The procedure should specify how many times you intend to repeat your experiment, so you can verify that your results are reproducible.

Tip #8: Conduct at least 15 trials for the experimental group and at least 15 trials for the control group.

Science fair judges like to see between 15 and 20 trials for each group. Why? In most cases, 15 to 20 trials will give you information which will be significant. What do we mean by significant? Well, let's just say that the more trials you run, the more likely it is that your data and the statistics you compute based on the data represent real differences between the experimental and control groups and didn't just happen by chance or didn't just happen because you conducted the experiment only two or three times. So that's why in the *Materials* section we said that we needed 40 planting pots and 40 *tagetis erectum* seeds. We wanted to have 20 trials for the experimental group and 20 trials for the control group.

Sample Procedure

1. Place a cm ruler in each pot.
2. Fill each pot with potting mix until the potting mix reaches the 11 cm mark on the ruler.
3. Remove the ruler and tap the bottom of the pot on a table or other hard surface three times to compact the potting mix.
4. Plant one *tagetis erectum* seed in each pot so that the seed is two cm below the top of the soil.
5. Number each pot in the control group from 1 to 20.
6. Number each pot in the experimental group from 21 to 40.
7. Place the numbered pots in a room with windows.
8. Water the plants every other day. Use the graduated beaker to place 240 ml of water in each one of the pots numbered 1 to 20 (the control group). Use the graduated cylinder to place 120 ml of water in each one of the pots numbered 20 to 40 (the experimental group).
9. Every third day, record the growth of the *tagetis erectum* in each pot. Record the height in cm.
10. Stop the experiment after 70 days. (Remember, from your research you found that it takes about 70 days for the *tagetes erecta* to grow to their full height.)

Remember: All measurements must be taken in the metric system (grams (or kilograms), centimeters (or meters), milliliters (liters), and seconds). Science judges do not like to see inches, ounces, or gallons used in any experiment. If you have a science project in the earth and space sciences where the measurements taken are typically larger than grams, centimeters, and milliliters, your measurement units will most likely be kilograms, meters, liters, and seconds.

5. Data

Now that you have obtained all of the materials and planted your seeds, you are ready to conduct your experiment and record your data. When you record your data, be sure to put it in a form which is easy to read. Also, make sure the observations you record are legible. There is nothing more frustrating than looking back at your records and not being able to read your own handwriting. The data must appear in your research report and on your presentation board.

For this experiment, there are many ways to record data. Look at *Figure 1* and *Figure 2* to see what I did. You'll find these and any other figures at the very end of this document. Notice what we did. The title of the first chart is "Height of Plants in Experimental Group (cm) vs. Observation Day." There are two things which are important in this title. First, we are stating that we are going to record the height of the plants for each observation day. Second, we are stating what units we are going to use to record the plant heights. In this case, we are using cm. Also within the table, each column is labeled and each row is labeled. Since we already stated that we are measuring the heights in cm, it is not necessary to put units next to the numbers in the cells of the table. The title already states that the heights recorded in each cell are in cm.

Tip #9: Label your charts, tables, and graphs so that they clearly show what you are recording.

If the chart, table, or graph contains measurements, be sure to include the units of the measurement somewhere on the chart, table, or graph. The best place to put the units is in the title of the chart, table, or graph.

Calculating Statistics

Calculating statistics will help us make sense out of the data and help us determine if our hypothesis was correct. For these types of numbers it is best to calculate the median height and average deviation for the control group on each observation day and the median height and average deviation for the experimental group on each observation day. The *median* is the midpoint in a distribution. For example, suppose you have 5 numbers (1.0, 2.0, 2.5, 2.7, 1.5, and 1.7). If we take these numbers and put them in order from high value to low value, the median

would be the 3rd value (the value which is right in the middle of the 5 numbers when they are ordered from high value to low value). The median gives you a ball-park value of the observations you took. The median is a useful statistic to use if you have a lot of data and you want to find out what the typical value of the data is. In our science experiment the units associated with the median height will be cm.

Now let's talk about *average deviation*. The average deviation will tell you how much different the observations are from each other on any given observation day. For example, suppose you have 5 numbers (1.0, 2.0, 2.5, 2.7, 1.5, and 1.7). These numbers don't differ that much from each other. The average deviation for this set of numbers is 0.40. Now let's look at another set of 5 numbers (1.5, 1.0, 3.0, 7.0, and 9.0). The average deviation for these numbers is 2.7. The average deviation of the second set of numbers (2.7) is larger than the average deviation of the first set of numbers (0.40) because the numbers in the second set are not that close to each other. They are more spread out. We'll talk more about these statistics in the Results and Analysis section and Conclusion section. Who cares if the numbers are spread out? You do. The average deviation is a mathematical tool to help us assess how far the values are spread above and below the median. A high average deviation shows that the data are widely spread (less reliable) and a low standard deviation shows that the data are clustered closely around the mean (more reliable).

Tip #10: When it is useful to calculate statistics and you don't know if your data are normally distributed, be sure to calculate the median and the average deviation.

A common assumption of statistics-users is that data are "normally" distributed. Many pages have been written by others on this topic. I'm going to leave you in the dark (like many statistics-users) about what this assumption means and how you test it. There are several good courses and books that would include these topics. Also, you can go to your math teacher to find out more about what normal distribution means. The good news is that there are statistics you can use even if you aren't sure if the data you collect are normally distributed. Statistics that provide useful information even if applied to not-"normally" distributed data are called robust statistics. Median and average deviation are considered robust statistics.

Selecting Which Data Points to Plot

Figure 3 is a plot of the median height values for the experimental and control groups. Why did we choose to plot the median values? Why didn't we plot all the data points? That's a good question. Let's think about it for a minute. If we look at the data points for the experimental group, we have measurements for 20 plants and we are going to take measurements every three days up to and including day 70. So that means we take 20 measurements on 24 different

occasions. That's 480 observations for just the experimental group. You have another 480 observations for the control group. *If we tried to put that many data points on a graph, the only thing we would do is to make a graph which looks like spaghetti!* So we must simplify our data presentation. If we plot the median height value for each day, then, we have reduced the number of points from 480 to 70 for the control group and from 480 to 70 for the experimental group.

Labeling Graphs

Also notice that the axes of the graph are labeled. The abscissa (the x-axis) is labeled "Observation Day." The ordinate (the y-axis) is labeled "Median Height (cm)." Notice I put "cm" in parenthesis in the graph's title and on the ordinate. This is to inform the reader that the data will be presented in terms of cm. *Always, always, always specify your units on any chart, table, or graph you present.*

There may be other types of calculations you can make. For example, you could calculate the growth rate of the *tagetes erecta*. Discuss the possibilities with your science and math teachers.

Also, you will see in *Figure 3* that we did not plot the median height for each observation day. We did that in this example to save time. You should not take this short-cut. If you were doing this experiment, you would have a figure which shows the median height on each observation day.

6. Results and Analysis

The Results and Analysis section must appear in both your research report and on your presentation board. In the graphs and charts which appear in the Data section, you have statistics. In the Results and Analysis section you should state the formulas (or equations) for the statistics you used. This is where you go to a statistics book and look up the formula for any statistics you use. In our case, we need to place the formulas for the median and average deviation into the Results and Analysis section of my research report. There is no need to place the statistical formulas on your presentation board. However, you should be sure that any statistics you calculate are placed on your presentation board.

Tip #11: Have a good understanding of any formula or equation which you present in your research report.

Although you don't have to place the formulas for the statistics on your presentation board, you are responsible for knowing how these statistics work and what they mean. In general, you should check with your math and/or science teacher to ensure that you have a good understanding of any formula or equation which you present in your research report. It is very

likely that a science fair judge will ask you to explain what the statistic or formula means. So become comfortable with any and all equations which you have used. That also means that you should know if a particular statistic should be written with units associated with it. Median should always be expressed with units. In our experiment, the units are cm. Average deviation never has units. When you look at the formulas for median and average deviation, you will understand why. Ask your math teacher for help in understanding these statistics and any other statistics which you may use in your particular experiment.

Tip #12: In mathematics projects, include mathematical equations in both your research report as well as on your presentation board.

In your research report, you want to include virtually all equations which help to explain your purpose, procedure, and results. On your presentation board, place only those equations in your Purpose section which are crucial to making whatever point you want to make in your Purpose section. For your Procedure, Data, and Results sections on your presentation board, do the same thing. Ask your math and science teachers for advice on what equations you should include in these sections.

Evaluating Data

Now that you have taken your observations and you have calculated statistics, you are ready to look at your statistics and think about what all these numbers mean. As we mentioned in the Data section, you have a lot of data. It's very hard to look at that much data and make sense out of it. That's where statistics come in. Statistics help us make sense out of the data. Statistics allow us to reason mathematically from data in order to make some statement about the data. Instead of looking at all the data (480 observations for the experimental group and 480 observations for the control group), let's look at what our statistics are telling us. If we look at the statistics, we find that:

- The plants in the control group started growing above the surface of the soil sooner than the experimental group. The control group broke through the soil surface on day 4. The experimental group did not appear above the soil surface until day 7.
- On any given observation day, the plants in the control group were usually taller than the plants in the experimental group. For example, on day 10, the median height for the control group was 5.0 cm. On day 10, the median height for the experimental group was 3.25 cm. By day 70, the control group had a median height of 24.6 cm which was more than double the median height of the control group (12.0 cm). One notable exception to this trend was on day 7. On day 7 both groups had a median height of 2.85 cm.

- The average deviation for the control group was usually higher than the average deviation for the experimental group.

Notice how this analysis works. We made general statements backed up by numbers. For example, we said that the plants in the experimental group were usually taller than the plants in the control group. And then we gave a specific example with specific numbers. As often as you can, back up anything you say with numbers. You worked hard to get these numbers, you should use them. Additionally, the numbers help you back up your statement with facts. The statement is an assertion. It's what you believe to be true. The numbers are the facts to back up your assertion (or what you believe to be true).

Also notice that we discussed exceptions. For instance, most of the time, the median height of the control group was larger than the median height of the experimental group. This was not the case on day 7. Within your research report, you should explain the reason for this exception. For these data you can see that plant number 26, 30, 32, 35, 36, and 38, grew slowly for the first 4 days. That's the easy answer. In addition to stating the easy answer, you should go beyond stating the easy (and obvious) answer. You can see in your data that these plants were noticeably smaller than the rest of the plants in the control group, but why? Try to figure out what caused this noticeably smaller growth. Was it due to the fact that perhaps someone didn't open the blinds on that side of the room, so these plants did not get the same amount of sun for a period of time? Were there some other reasons? If so, you should present them in your research report.

The Results and Analysis section in your research report should be at least one page.

Tip #13: The Results and Analysis section in your research report should discuss general trends, exceptions, and the reason for the exceptions.

The Results and Analysis section on your presentation board should be a condensed version of the Results and Analysis section in your research report. On your presentation board you probably will not have enough space to explain the exceptions; just note them on your presentation board. However, you should be prepared to discuss the exceptions and the reason for the exceptions with the judges—they will ask you about them.

Tip #14 Results from experiments dealing with medicine and health may have exceptions.

For example, all microbes (which you believe are the same type of microbe) in a particular sample may not respond to the same amount of UV radiation in the same way. The fact that the

microbes responded differently to the same amount of UV radiation could be due to the fact that some microbes in the sample were contaminated. A different response could occur because one or more of the control variables were not controlled (like you thought they were) in every single experiment run. Unless you are working in a highly controlled laboratory environment, exceptions will occur. So don't think your experiment is a failure just because you see a few exceptions. What the science fair judges are looking for is for you to explain why the exceptions occurred. If you are not sure why the exceptions occurred, give reasons why you think the exceptions occurred. The science fair judges also want you to talk about ways to revise your experiment to minimize these exceptions.

Conclusion

A Conclusion section must be in both your research report as well as on your presentation board. Because space is limited on your presentation board, the conclusions on your presentation board should be a condensed version of the Conclusion section in your research report.

Your conclusions summarize how your results support or contradict your original hypothesis. Were the results what you expected? Why or why not? Include key background facts from your Purpose section and from information you learned when you were researching your topic to help explain your results as needed.

Make sure you perform a hypothesis check. A hypothesis check is a statement that says whether you proved or disproved your hypothesis. (Engineering, mathematics, and computer science projects should state whether they met their design criteria.) State the relationship between the independent and dependent variable. For example, based on your data and the statistics which you calculated, is the relationship between independent and dependent variables (which you stated in your hypothesis) true? Why or why not?

You should also summarize and evaluate your experimental procedure, making comments about its success and effectiveness. Suggest changes in the procedure (or design) and/or possibilities for further study.

If the results of your experiment did not support your hypothesis, don't change or manipulate your results to fit your original hypothesis, simply explain why things did not go as expected. If you think you need additional experimentation, describe what you think should happen next. Scientific research is an ongoing process, and by discovering that your hypothesis is not true, you have already made huge advances in your learning that will lead you to ask more questions

that lead to new experiments. Science fair judges do not care about whether you prove or disprove your hypothesis; they care about how much you learned.

Tip #15: Remember to always include a hypothesis check in your Conclusion section and make sure it appears in your research report as well as on your presentation board.

Tip #16 Be prepared to talk about your ideas for improving your project as well as ideas for future research.

Science fair judges like to see that you have ideas about how the project could be improved or ideas for future research. Make sure you put these ideas in your research report and on your presentation board (if you have space) and be prepared to talk about these ideas when the judges interview you.

Bibliography

A bibliography is a listing of the books, science journals, and Internet sources you use in designing, carrying out, and understanding your science fair project. You must include a bibliography in your research report, but you do not have to include a bibliography on your science project presentation board. *Notice that we list not only Internet sources, but also books, and science journals.* In your research report and on your science project presentation board, it is very important to have more than just Internet sources to include in your bibliography. It is fine to use Internet articles in your bibliography, but you must use other information (such as books and journal articles) in your bibliography. Why? Because before a book or journal article is printed, it must be reviewed by knowledgeable scientists. Internet articles do not always go through this type of rigorous scientific review. By including information from books and science journals, you are telling the science fair judges that you have gone to the trouble of finding reputable and scientifically sound information.

Tip #17: List no more than three Internet sources in your bibliography.

Science judges do not want to see a bibliography made up of only Internet sources. You should have no more than three Internet articles listed in your bibliography. For each Internet citation, you should have a least two other types of citations. For example, if you have three Internet articles listed in your bibliography, you should have at least six other types of citations (e.g., books and journal articles) for a total of at least 9 citations in your bibliography.

You're Ready to Go!

Don't forget to rehearse your presentation. Ask your science and math teachers to listen to your presentation and ask them to critique how you present. They may stop you with questions. Be sure to write any good question down, especially if you don't know the answer. Work with your science or math teacher to find the answer before you make your ACT-SO presentation. Get others to listen to your presentation. They may not know anything about science, but they can tell you if you are speaking loudly enough, or if you look nervous, or if you are not looking them in the eye when you talk to them.

Tip #18: Be sure to rehearse your presentation in front of others.

If you have trouble getting someone to listen to your presentation, stand in front of a mirror and give it to yourself. Looking at yourself giving the presentation will give you practice looking someone in the eye when you are talking to them and will let you see how others (especially the science fair judges) will see you.

The information you have just read summarizes the advice and knowledge of ACT-SO science judges representing NOAA (National Oceanic and Atmospheric Administration), Dow Chemical, NASA and Lockheed Martin. The websites www.sciencebuddies.org and www.physics.csbsju.edu/stats/descriptive2.html are also useful references.

Figure 1. Height of Plants in Experimental Group (cm) vs. Observation Day – Plants 1 to 20

		Observation Day (D-#)													
		D-1	D-4	D-7	D-10	D-13	D-16	D-19	D-22					D-70	
Plant Number (P-#)	P-1	0	0	3.0	3.2										12.3
	P-2	0	0	3.5	3.6										12.8
	P-3	0	0	2.0	2.5										10.7
	P-4	0	0	2.5	3.0										11.2
	P-5	0	0	0.0	1.9										10.5
	P-6	0	0	1.5	1.8										11.6
	P-7	0	0	1.8	2.4										11.9
	P-8	0	0	3.2	3.5										13.2
	P-9	0	0	3.0	3.6										12.1
	P-10	0	0	2.8	3.2										11.9
	P-11	0	0	3.4	3.9										12.8
	P-12	0	0	0.9	2.4										10.2
	P-13	0	0	3.3	3.9										13.5
	P-14	0	0	2.2	2.8										11.0
	P-15	0	0	2.9	3.6										12.7
	P-16	0	0	3.3	3.4										13.1
	P-17	0	0	2.1	2.9										09.8
	P-18	0	0	2.6	3.3										10.6
	P-19	0	0	3.3	3.6										12.7
	P-20	0	0	3.3	3.8										12.8
	Median Height (cm)	0	0	2.85	3.25										12.0
	Average Deviation	0	0	.69	.51										.93

Figure 2. Height of Plants in Control Group (cm) vs. Observation Day – Plants 21 to 40

		Observation Day (D-#)												
		D-1	D-4	D-7	D-10	D-13	D-16	D-19	D-22					D-70
Plant Number (P-#)	P-21	0	2.7	4.0	6.7									26.7
	P-22	0	2.0	3.5	5.6									25.2
	P-23	0	1.5	2.9	4.7									24.3
	P-24	0	2.1	3.7	6.2									25.4
	P-25	0	1.3	2.9	4.3									22.8
	P-26	0	0.6	1.8	4.1									20.9
	P-27	0	1.8	3.1	5.2									23.6
	P-28	0	2.2	3.6	6.0									26.0
	P-29	0	1.6	2.9	5.6									25.8
	P-30	0	0.7	1.8	4.8									24.3
	P-31	0	1.6	2.4	4.8									24.6
	P-32	0	0.4	2.1	5.3									25.7
	P-33	0	2.0	4.2	6.8									27.0
	P-34	0	1.7	3.3	5.5									26.2
	P-35	0	0.9	1.6	4.0									23.8
	P-36	0	0.8	1.5	3.6									22.4
	P-37	0	1.3	2.1	4.2									24.6
	P-38	0	0.4	0.9	3.3									19.2
	P-39	0	1.7	2.6	4.8									24.6
	P-40	0	1.9	2.8	5.3									25.7
	Median Height (cm)	0	1.60	2.85	5.00									24.6
	Average Deviation	0	0.51	0.73	0.78									1.37

Figure 3. Median Height (cm) vs. Observation Day

